

Come let us go to the temple of the Lord

As we prepare ourselves for the Faith Conference, the Jesus Youth National Team (JYNT) offers a four-week preparatory package for all its participants. Every capsule includes both spiritual and practical things which last for a week.

WEEK 1

OBJECTIVES AND CONVICTION

Pope offers this Year of Faith:

- To have a greater communion with God and His Church
- To rediscover the journey of faith
- For the need of a new evangelisation for the transmission of Christian faith

EXPERIENCE IT

- 1 Learn by-heart the creed (our door of faith)
- 2 Read the Magnificat of Mary everyday morning before we start work / study
- **3** Help any catechism teacher of your parish to prepare Sunday catechism lesson (in a creative way)

WEEK 2

OBJECTIVES AND CONVICTION

- Know the historical background of the Second Vatican Council
- Time to experience a renewed conviction

EXPERIENCE IT

- 1 Spend five minutes in prayer before the statue / photo of the risen Lord
- 2 Name the 16 documents of the Second Vatican Council (four constitutions, three declarations, and nine Decrees)

WEEK 3

OBJECTIVES AND CONVICTION

- Time for re-evangelisation
- Cultivate a renewed love for the Liturgy, especially Holy Mass
- Rediscover the basic Catholic beliefs

EXPERIENCE IT

- Attend Holy Mass everyday this week and pray for missionaries
- 2 Visit your parish priest and share one positive aspect about his liturgical celebration

WEEK 4

OBJECTIVES AND CONVICTION

- Share the faith with a non-Christian
- Study the Catechism of the Catholic Church (CCC)

EXPERIENCE IT

- 1 Intercede with Mother Mary (star evangelisation) for all the missionaries
- 2 Visit any slum or orphanage and have meal



